

Govinda Sonata  
for Flute and Piano  
Movement II: *Largo Govinda*  
Movement III: *Power and Light*

In 2006 I was inspired to write a piece for flute and piano, as I had nothing like that in my list of compositions to date. I have been involved with devotion to Krishna (among many other spiritual paths) for decades and thought this would be a good vehicle for making music in the manner of bhakti yoga. I was in contact with two friends who are flutists, and originally devoted this flute sonata to them; however, they never performed the work. *Govinda Sonata* has only been performed with violin and piano.

This sonata has three movements, of which these are the second and third, each about five minutes long. *Govinda* is another name of Krishna, which means literally “protector of cows”. *Shivaratri* is an annual Hindu festival in reverence to Shiva.